

Berry Creek Farm 2011

Community Supported Agriculture

What's it all about?

The original idea of CSA—to re-establish a sense of connection to the land for urban dwellers and to foster a sense of community—began in the late 1970's. Originally, the CSA member would spend time working at the farm in exchange for their 'share' of food. As noble as that may sound, today is different.



Today's Community Supported Agriculture (CSA) provides a great opportunity for you to establish a relationship with a local, certified organic farmer by purchasing a subscription (like a magazine subscription) in advance and receiving a weekly bag of the best produce

around during the spring, summer and fall. This relationship is reciprocal, Larry, your farmer, will work with you to grow those special request vegetables

Berry Creek Farm differs from your regular grocery store in many ways. We offer organic produce (vegetables and fruits) that excels in flavor and health benefits. Our produce is picked ripe and travels less than 30 miles to reach your home. You once again enjoy the seasonal nature of food.

Who Benefits?

Everyone involved!

The members:

- Receive "first pick" in the weekly bag
- Don't have to get up at the crack of dawn for the best selection

The farmer:

- My expenses occur long before I put a seed in the ground and your support is invaluable
- My life is enriched by making new friends and building and maintaining friendships

The Problem:

- You desire fresh, certified organic produce for you and your family, yet you have little time to get involved with the day-to-day operation of a farm.
- You don't want your food to travel 1500 miles or more before it gets to your table and your family.
- You've heard so much about Salmonella this past year that you've all but sworn off tomatoes and peppers.

The Solution:

Sign up for a Berry Creek Farm CSA and get to know your farmer!

Your food will travel about 30 miles from our farm to your home improving your health, reducing your carbon footprint, promoting sustainable agriculture, and keeping your dollars in the local economy.

To begin this journey, you will pay in advance for a 24-week or 12-week subscription. Then each week, beginning approximately mid-April (or mid-July if you choose the Late Season Regular Share), you will pick up a bag of the freshest, pesticide-free produce available.



Mid-season Regular CSA from 2010

Subscription Options:

Regular Share (24 week CSA)

A Regular Share CSA consists of a weekly bag of seasonal vegetables intended to feed two adults. Your weekly share is set aside and tagged for you before we go to market. This assures you of having the best of what we grow over a 24-week period regardless of the time you pick up.

Full-payment submitted before December 15, 2010 will receive a reduced price called the "early bird special."

Early or Late Season Regular Share (12 week CSA)

An Early or Late Season Regular Share consists of a weekly bag of seasonal vegetables intended to feed two adults. Your weekly share is set aside and tagged for you before we go to market. This assures you of having the best of what we grow over a 12-week period regardless of the time you pick up.

The Early Season begins approximately mid-April and the Late Season begins approximately mid-July.

Lite Share (24 week CSA)

A Lite Share consists of a weekly bag of four seasonal vegetables. This 'lite share' will supplement your weekly shopping with the best we have to offer. Your weekly share is set aside and tagged for you before we go to market. This assures you of having the best of what we grow each week regardless of the time you pick up. (Ideal for someone who would like to try the CSA experience before jumping into a Regular Share!)

Optional Egg Shares (12 or 24 week)

We are proud to offer eggs produced by our free-range chickens. Because our farm is Animal Welfare Approved our chickens live under the highest and most humane standards.

An Egg Share includes one dozen per week for 24 weeks and the Early or Late Season Egg Share includes one dozen per week for 12 weeks. Half Egg Shares are also available, providing a half-dozen for the 12-week or 24-week session.

Optional Fruit Shares (12 or 24 week)

A 12-week or 24-week fruit share is optional and provides approximately 3 lbs. per week in season.

Payment and Pickup:

A deposit of \$100 will hold your subscription and full payment is expected prior to Apr. 15, 2011. Subscriptions are limited, so send your application and deposit early to assure your enrollment. Pickup is at the farm, or at an alternate location. We'll have more information by Spring as to the exact location.

Meet the Farmer and visit the farm

Come out and visit. See our operation. We won't put you to work unless you just want to work. Please call ahead to schedule a time!

For pictures of past CSA pickups and more information about Berry Creek Farm, visit <http://www.berrycreekfarm.us>



Our produce must pass rigorous taste tests

E-mail: berrycreekfarm.ok@gmail.com

or give us a call at 659-3879

Send completed application with check or money order to:

Larry and Jacque Hocking

growers o'naturale

1021 S. Tyler Ave.

Blanchard, OK 73010



2011 Community Supported Agriculture (CSA) Application Form

Name _____

Mailing Address _____

City, State and Zip _____

Day Telephone _____

E-mail Address _____

I am interested in the:

- Regular Share CSA (24-week) \$720.00
- Regular Share CSA *(Early Bird Price) \$650.00
- Regular Share Early or Late Share CSA (12-week) \$460.00
- Lite Share CSA (24-week) \$480.00
- Optional Egg Share (24-week) \$ 120.00
- Optional Egg Half Share** (24-week) \$ 72.00
- Optional Egg Early or Late Share (12-week) \$ 60.00
- Optional Egg Half Share** (12-week) \$ 36.00
- Optional Fruit Share (24-week) \$200.00
- Optional Fruit Share (12-week) \$100.00

* We must receive full payment by Dec. 15, 2010 for this pricing.

** This pricing reflects increased cost of 6 egg packaging

Berry Creek Bucks!

Berry Creek Bucks are always available in \$25.00 and \$50.00 amounts.

They make great gifts!

- I understand that there is some risk involved in any farming endeavor, but I believe that Berry Creek Farm will do their best to provide all they have promised and realize they have no control over bad weather, pests and chicken hawks.

Our prices are adjusted to reflect anticipated cost of operation but may require additional adjustment if fuel or feed costs change significantly.



Liam and Liberty preparing to plant

What to expect:

Early in the season, shares tend to be light containing mostly greens and salad fare, but don't be discouraged. Later in the summer the shares will contain more variety. Produce is harvested fresh, most less than 24 hours before a pick-up. Even though we sell some produce outside of our CSA program, our regular CSA subscribers come first. This is one of the "perks" of this program! You eat what we eat, and if there's anything left over, it goes to the Farmers' Market.

As the season progresses, we expect to have plenty of peas, beets, radishes, onions, tomatoes, fresh herbs, potatoes, strawberries, grapes, peaches, yellow squash, cucumbers, and zucchini, to name a few. We're always planning, and would love to fill "special requests" from our CSA members.

As we've said before, if it can be grown in Oklahoma, it will be!

A newsletter will be available through the season to keep the subscribers informed and provide recipes for use with their produce.

Towards the end of the season, we'll give you a survey so we can get feedback on what we've done this season and how we can make things even better for the next.